

# Advanced Facials

Per session | Course of 6

## Skin Consultation - 45 mins | £20

An express facial and in depth discussion to analyse your skin. We will set skin goals and make a plan to help reach them.

## Microdermabrasion - 30 mins | £50 | £270

Microdermabrasion is a deep exfoliating treatment that helps speed up the skins regeneration process. The diamond head loosens and removes dead skin cells from the surface creating controlled "damage" which stimulates the skin healing process. This process encourages collagen and elastin production and so shows improvement to skin texture, firmness, reduces fine lines, wrinkles, hyperpigmentation and scars. Additionally, the removal of the dead skin on the surface aids in product absorption. For even better results, pair with Electrical Muscle Stimulation for a firming facial or Iontophoresis for deeper product absorption and intense hydration.

## Electrical Muscle Stimulation - 45 mins | £70 | £370

EMS or Electrical Muscle Stimulation is a form of non-surgical, non-invasive, natural face lift. An electrical current is used with small wands that glide over the skin to contract and relax muscles, effectively giving your face a work out! The result is more toned muscles and a reduction of fine lines and wrinkles. The treatment improves blood circulation and increases collagen production in the lower levels of the skin. Results can be increased by pairing with Microdermabrasion to reduce fine lines and wrinkles, and increase collagen production, skin tone and texture with LED light therapy.

## Deep Cleansing - 70 mins | £95 | £510

This deep cleansing facial combines Microdermabrasion with Galvanic Desincrustation for an intense breakdown of oils and sebum in the pores. A skin scrubber is used to help extract any dirt or sebum build up lingering in pores and this is followed up with ultrasound therapy for additional cleansing but also enhanced product absorption.



## Deep Moisturising - 60 mins | £95 | £510

The Deep Moisturising Facial is great for dry and dehydrated skin. The treatment combines thorough cleansing from the skin scrubber and ultrasound with deep penetrating hydration from the use of Iontophoresis. This will push active ingredients from serums deeper into the skin, enhancing product absorption, hydrating the skin, calming inflammation and improving skin texture. LED light therapy will also be used to stimulate collagen production.

## Firming Facial - 90 mins | £140 | £750

This facial is perfect for reducing fine lines and wrinkles and achieving a more toned and firm face. It uses Microdermabrasion not only for its exfoliating properties but for help with smoothing the skin and improving its tone and texture. We will use Iontophoresis to push ingredients deep into the lower layers of the skin. EMS is then going to be used to target the muscles of the face, and with the use of ultrasound therapy we are going to stimulate collagen production.

## Galvanic - 70 mins | £125 | £670

A Galvanic facial is a non-invasive treatment that uses a low level electrical current. This treatment has two stages, the first being Desincrustation which breaks down oils and sebum in the skin to deeply cleanse and remove impurities. The second stage is Iontophoresis which drives serums deeper into the skin and resulting in better product absorption, firmer skin and intense hydration. It helps to improve circulation, gives a natural face lift look and can also aid in reducing acne.

## Overall Skin Conditioning - 90 mins | £150 | £800

This facial is the ultimate treat for your skin, leaving you feeling clean, hydrated and glowing. It includes multiple treatments to cover all bases; Microdermabrasion, Desincrustation and Iontophoresis, Ultrasound, Electrical Muscle Stimulation, and LED light therapy. This will help achieve tighter pores, reduced fine lines and wrinkles, improved tone and texture of skin, improved circulation, reduced inflammation, better product absorption, reduced acne etc.

## Facial Massage - 60 mins - £60

This facial massage is designed for deep relaxation. As well as a double cleanse, exfoliate, mask, tone and moisturise, you can enjoy a calming massage to the décolletage, neck and shoulders followed by a facial massage and finishing with a head massage.

